

**DEARBORN SLEEP LAB**  
**Division of Millennium Medical Group South, P.C.**  
**CONSENT FOR POLYSOMNOGRAPHY**  
**AUTHORIZATION TO BILL**

**Details**

A polysomnogram is an overnight sleep study. It records detailed information that shows how your body acts while you sleep. A technician will attach sensors to your body for the study. The sensors will keep track of these body functions:

- Brain waves
- Heart rate
- Breathing rate
- Oxygen level
- Eye movements
- Chin movement
- Leg movements

The study also may involve other sensors. The sensors send signals to a computer. The sleep center will use this information to prepare a detailed report about your sleep. The doctor who sent you to the sleep center will receive a copy of this report. He or she will then discuss the results with you.

**Risks**

There is no major health risk involved with this sleep study.

**Agreement**

My signature below indicates that I understand and agree with the following statements:

1. This sleep study may not detect the cause of my sleep problem.
2. A technician will attach sensors to my body for the study.
3. The removal of the sensors in the morning may irritate my skin and cause redness.
4. A video camera will record me as I sleep. A technician will watch me on a monitor in the control room.
5. I will be free to roll over and move in bed during the study.
6. I will need to ask for help if I must get out of bed for any reason.
7. The technician may need to enter the room to wake me if there is a problem.
8. The study may show that I stop breathing many times during the night. If this happens, a technician may enter my room to give me treatment. This treatment is called positive airway pressure, or PAP. To use this treatment, I will wear a mask that covers either my nose or my nose and mouth.
9. I understand why I am taking this sleep study.
10. The sleep center staff explained this sleep study to me. I understand what is going to happen during the study.

**Authorization to Bill**

I authorize my insurance benefits to be paid directly to the Dearborn Sleep Lab (DSL). I understand that I am financially responsible for any balance. I also authorize DSL or my insurance company to release any information required to process my claim.

I also acknowledge that if I fail to cancel or reschedule a scheduled appointment no less than 24 hours before the test, I will be subject to a \$100 no show fee. I understand that I will personally be responsible for this fee, not my insurance.



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**Signature (Patient or Guardian)**

\_\_\_\_\_

**Date**



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**Signature (Witness)**

\_\_\_\_\_

**Date**